

Snellville Parks & Recreation Active Adults 50+

SPOTLIGHT

The first day to call & sign up for programs, events and trips from this newsletter is <u>9am on Thursday</u>, <u>January 5th</u>. All events are subject to change depending on current State and Federal COVID guidelines.

FOX THEATRE PRESENTS: The Alvin Ailey American Dance Group

This group is based in New York City, founded in 1958 and celebrates the uniqueness of the African-American cultural experience & the preservation & enrichment of the American modern dance heritage! The Ailey dancers bring their grace & athleticism to the Atlanta Fox! **Seats are limited!**



You definitely don't want to miss this Amazing Performance!!!

Date: Sunday, Feb 19th at 1pm

<u>Cost:</u> \$70 pp <u>Eat lunch before coming to the</u> <u>center!</u> Sign up Thurs, Jan 5th!

Scam, Fraud & Identity Theft

Date: Tues, Feb 21st Time: 6pm Cost: FREE



Are you tired of trying to be Scammed? Are you a victim of Identity Theft or know someone who is? Well, mark your calendar to attend this Prevention & Recovery class on how to "NOT" get "GOT"! This class will teach you how to guard yourself from these monsters!!! **Sign Up Now!**

Where's Loganville? Let's Find Out!

We'll start at the **Pecan Store** and then it's off to tour **Sparky's Machines** where you'll find a variety of hot rods and classic cars! Then we'll hit the road for some antique shopping at **Braxton's** and don't forget to stop by **Miss Dot's Bakery** to grab a slice of her homemade cakes and/or pies to enjoy at home! After that, it's time for a late lunch at **Foggy Bottom's BBQ (on your own)**.

A fun-filled trip with lots of walking!



Date: Tues, Jan 31st Time: 9am Cost: \$10 Sign up starts Jan 5th!

Important Things to Note!



Jan/Feb

2023

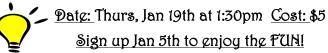
- Due to the overwhelming high demand of our day/overnight trips, along with membership growth, the center will be coming up with alternative ways to better serve as many members as possible. We appreciate your patience while we are trying various solutions to best accommodate our massive growth. Remember, with growth comes change!
- Please read the entire newsletter for updated changes!
- All overnight trips are handle through our Center Travel Club
 and not our Parks and Recreation.

Payments are due within 3 days of calling or signing up. After the 3rd day, your name will be placed on the waiting list and replaced by the next person on the waiting list. Contact the front desk with any concerns or questions. Thanks!

<u>A Special Trivia Eventl</u>

This Trivia day is going to have a little twist to it! Come enjoy an afternoon of fun! There will be a special guest, Steven Garrison, who will engage us in this trivia fun! Steven is a retired school teacher so put on your thinking caps!

There will be prizes and snacks provided!



Special Thanks to our 2022 Sponsors

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*Amenity Nursing Care & Companion Services



*Michelle Reilly Law Group *Milner Vein and Vascular

*Senior Provisions

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CLASSES, ACTIVITIES & MORE





Jan 24-IPhone Basics- settings Part 1 & Jan 31-settings Part 2

Feb 14-Computer Basics-Creating docs, inserting Part 1 & Feb 21-Creating docs Part 2

<u>Feb 28-</u>Any device, internet skills-searching, bookmarking, site passwords and more!

Enjoy YOUR Special Day!



EXERCISE THE MIND, BODY & SOUL

Indoors Aerobics-FREE

Mondays & Thursdays Enjoy working off those extra pounds! 9:15am (Peg) & 10:15am (Jane) *Classes starts up again Jan 9th*

Indoor Twist and Tone w/ Jane

\$5/class-Wednesdays 10:15am Starting January 11th pay instructor!

Tone up and dance away in this fun packed class! 10 to hold class!

Tennis at Briscoe Park

If you are interested in learning how to play tennis, **Advantage Evans Tennis** is offered at Briscoe Park. Contact Anthony at 470-417-4547 or email advantageevantennis@gmail.com for details! Join the great exercise and fun!



Exercise Room Training

Members must be trained on the equipment prior to utilizing. 2nd & 4th Wednesdays. Jan 11, 25 & Feb 8, 22 12:15, 12:30 & 12:45 Sign up for a slot. 2 people/slot.

Billiards/Pool Room

Come play a game of pool and meet some new friends!

Yoga w/ Linda \$5/class

Come stretch your body and enjoy some mental relaxation! Woosah! Tuesdays at 10am-pay instructor!

SOLE BUSTERS



Coming back Spring 2023! Check newsletter for exact dates!

Blood Pressure Checks

2nd Thursdays at 10am Jan 12th & Feb 9th



Here at the Center and provided by: Sunrise Senior Living at Five Forks

Keenager Bowling

Monday's at 10am Cost: \$9 Stars and Strikes Bowling-Loganville

Coffee Talk-Call Joann for Mtg spot

Tuesdays at 8:30am Come and enjoy the socialization! Joann Fuller at 770-962-2567



EXPLORE MORE.... FUN EVENTS

What's Happening At Briscoe Park



• Snellville Rec Esports Leagues offered all four seasons. For more information visit

https://app.ggleagues.com/organization/snellville

The park offers a variety of programs for all Ages

Tennis, Flag Football, Swim lessons, Women's kickball, Men's and Co-ed adult softball, mentorship, walking trails, summer camp and much more! <u>No reason to stay home!</u>

Share Info with Family and Friends

Call the park office at 770-985-3535 for more info and for The Center room and Park room/pavilion rentals!

WHAT'S HAPPENING ON

<u>"THE TOWNE GREEN"</u> www.SnellvilleEvents.com

Check the above website for details & other cool events!

<u>Snellville</u> <u>Farmer's Market</u>



October-May (1st & 3rd Sat only 9-12) June-Sept (every Saturday 8:30-12:30) Come out and enjoy some fresh fruits, vegetables & other homemade items!



Snellville Parks & Recreation Active Adult Center

2350 Oak Road Snellville, GA 30078

Phone: 770-985-3580 Fax: 770-985-3583

Director:

Kathi Gargiulo kgargiulo@snellville.org

Program Coordinator

Tracey Mason Glass tglass@snellville.org

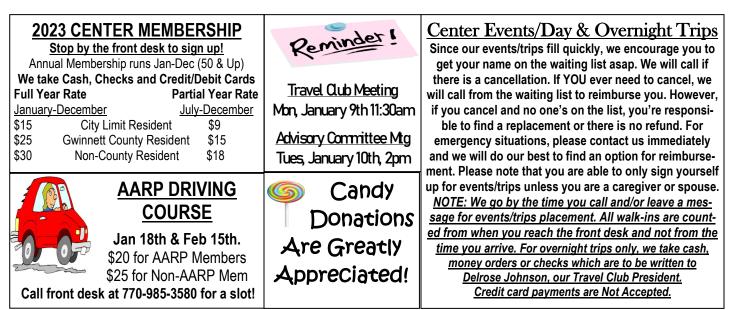
Program Assistants II Allison Marti amarti@snellville.org Khristy Harris kharris@snellville.org

<u>A Big Happy 100th Birthday to the City of Snellville!</u> Throughout the year look for all the exciting celebrations to commemorate this historical moment for Snellville! HAVE A JOYOUS NEW YEAR!!



Check out our <u>FACEBOOK</u> page for updates that may not make it into the newsletter!

Website: www.snellville.org (click on Community/Parks and Rec then Senior Center)



These groups pay a group membership fee to utilize the senior center facility. If you are interested in any of these groups, please contact the individual listed below for more information.

| GROUP | MEETING DAY | TIME | <u>CONTACT</u> | CONTACT # |
|----------------------------|--------------------------------|------------|-----------------|----------------|
| AT&T PIONEERS | 3rd Tuesday | 10:30am | Thomas McDugald | (770) 938-6075 |
| BRIDGE | Thursdays | 12:00-4:00 | Glen Williamson | (314) 686-3584 |
| CANASTA | Mondays | 12:00-4:00 | Debbie Parrish | (404) 372-7406 |
| COFFEE TALK | Tuesdays-Grayson | 8:30am | Joanne Fuller | (770) 962-2567 |
| KEENAGERS - BOWLING | Mondays –Stars&Strikes Lgnvile | 10:00am | Joanne Fuller | (770) 962-2567 |
| ANYTIME STITCHIN' | Wednesdays | 10am-4pm | Brenda DeBord | Closed Group |
| 221 Club | 2nd Tuesdays | 9am | Brenda Smiley | Closed Group |