

THE SNELLVILLE SPOTLIGHT

September October 2019

(Call or Sign up at the front desk on Sept 9th)

Please sign yourself up for trips, and classes from this newsletter edition beginning <u>Monday</u>, <u>September 9th</u>.

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Biltmore Estates/Asheville, NC3 days/2 nights3 days/2 nights\$335pp double/\$425pp-singleTues-Thurs, Dec 10TH - 12TH\$75pp deposit due at sign up.Join us for this beautiful fun-filledholiday trip. Cost is all inclusiveMotorcoach ride, hotel, gratuities, 4 meals, snacks/water, a fullday visit to the spectacular Biltmore Estates, Guided tour ofAsheville, visit to Thomas Wolfe Memorial State Historic Site &visit to St. Lawrence Basilica. Trip for members & nonmembersTrip must be paid in full by Friday, Oct 4th, no exceptions.Beats will go fast at this price! Sign up is open now!	SNELLVILLE FALL FESTIVAL BOOTH SPACE AT SENIOR CENTER MEMBERS - \$25 & NON-MEMBERS - \$35
Medieval Times While you watch the Knights joust you Will enjoy a great meal! (Lunch and Tournament Included in cost) Fri, Sept 20th 9:00 am-2 pm Cost: \$34pp Call/Sign up at front desk! Monday, Sept 9th	Atlanta Botantical Gardens "Alice In Wonderland" Adventure Wed, Oct 23 8:30am - 4pm Cost: \$27pp Over 30 acres of gorgeous gardens. This is a special visit to see the "Alice in Wonderland" exhibit Wear your walking shoes. Lunch on your own at Folks Kitchen. Call/Sign up at the front desk on Mon, Sept 9th
Wed, 9/25 8:30am - 4pm \$25pp Includes Lunch Explore an area in Georgia that has a lot to offer. A mix of history, art & good food. You'll be glad you joined us for this one.	 "Classic City Clydesdales" Tuesday, Oct 8th 8:00am-4:00pm \$18pp lunch on your own at "Rachel's Southern Style Eating" Classic City Clydesdales is a family owned/operated breeding facility dedicated to the care & preservation of this regal breed. Learn about the history, care & maintenance of the horses. Enjoy a bench seat hay wagon ride, petting zoo & feed them treats. It's mainly an outdoor trip. Wear a sun hat, long pants, closed toe walking shoes preferred.

(Call/Sign up at front desk on Mon, Sept 9th)



CLASSES, ACTIVITIES & HAPPENINGS



CARD MAKING CLASS

by Jeanne Sept 16 & Oct 7 1:00 pm - 3:00 pm \$5 per class Materials Included



PAINTING CLASS

Thursdays 1pm - 3pm \$28.00 4 classes

Instructor: Lynne Ulmer

No prior painting necessary. Learn how to paint and enjoy creating your own work of art. Supplies not included.

Come Play Ping Pong



10am - 3pm Wed, Sept 11th & Oct 23rd

Get a partner and enjoy the fun and exercise!

Beginning Computer Classes

Sept 17th-Oct 1st (Tues & Thurs) Oct 15th-Oct 29th (Tues & Thurs) 2:00pm-3:30pm \$35pp



Call/sign up now for <u>a spot.</u>

Self Defense for Seniors

Come learn practical ways to defend yourself. Please bring a cane, long umbrella or walking stick to class. Sign up now

\$5pp Sept 25th & Oct 30th

Bridge Lessons

Beginners Classes on Mondays \$40 (Sept 9- Oct 28) 9:15-11:15 Beginners 2 classes on Thursdays \$40 (Sept 5- Oct 24) 9:15-11:15 Full Payments due 1st day of class.

BINGO



At 1pm Bring a snack to share!

Card Sharks & More!

Spades, Hearts, Dominos Bid Wiz, Trivia & Line Dance 1pm Friday Sept 13th & Oct 11th



Chair Exercise Class

Wednesday, Oct 2nd 10am

A brain fitness that activates all 5 functions of the brain!

FREE CLASS..Sign up now for a spot! Not a reoccurring class!

Piano Lessons \$5/class New classes starting on Mon, Wed

& Thurs beginning Sept 4th. Sign up for 30 min spot.



Free Sewing Classes

10:00am Every 2nd & 4th Tues



Some changes may occur. Check calendar for details! Bring Sewing Machine.

CROCHET & KNITTING CLASS (Free) Tuesdays, 1:30 pm

Come join in the fun and fellowship. All levels are welcome for instruction and just enjoying some social time away from home.

SPANISH CLASSES

(\$5 per class to instructor) Mondays & Wednesdays 9:00-10:00 Advance Class**-Mon only 10:15-11:15 Isabel's Intermediate**-Both Davs

Tuesdays & Thursdays 9:00-10:00 Jane's Intermed.**-Thurs only 9:45-10:45-Jane's Level 1**-Tues only 10:15-11:15-Isabel's Level 1** -Both Days 11:20-12:20 -Beginning Spanish-Both days

Always Check calendar for changes

****These classes require prior Spanish****

Quilting Classes (New Class)

Classes start Friday, Sept 20 Basic Quilt making from A to Z! (8) 3 hour classes at \$9/class Fridavs. 12:30-3:30 No class on Friday, Oct 18th Learn to read patterns and much more! Meet/greet/information meeting at 1pm on Monday, Sept 9th.

Light refreshments will be served! Interested members sign up in advance!



Happy Birthday!

To all who will celebrate a birthdav in September/October/

Enjoy YOUR special Day!



EXERCISE THE MIND, BODY & SOUL



"Group Fitness Classes"

(Free with membership) Mondays & Thursdays

9:15am Instructor: Staci Dye

10:15am Instructor: Jane Moore



WALKING GROUP Mondays and Wednesdays 10:15 am Come join our walking group "Sole Busters". We will meet and walk the sidewalks of the City Center complex.

Briscoe Park Pool

Open until Sept 2nd! Swim lessons offered! Park Office 770-985-3535 for Details

"Get Movin' / Line Dancing"

Tuesdays at 9:00 am \$5.00 FIRST CLASS FREE

Come get movin' and groovin'. Staci and Jane will instruct a variety of aerobic type exercise, fitness and dance each Tuesday.

"EXERCISE ROOM TRAINING"

Members must be trained on the equipment prior to utilizing.

Training Class will be at 12:15pm Wednesday, Sept 18th & Wednesday, Oct 16th See front desk if you can't make these dates

BILLIARDS / POOL ROOM

All equipment is available for use by Senior Center members. Come and enjoy!





"PILATES/YOGA"

Tuesdays & Fridays 10:00 am First Class Free

Instructor: Staci Dye \$3.00 per class

"Blood Pressure Checks"



Twice per month Mondays at 10AM

Preventive Medicine! Get your blood pressure checked. You never know, it may save your life! Stress can strain your heart! Check the front desk for dates

KEENAGER BOWLING

Monday's at 10am Cost: \$9 Stars and Strikes Bowling Lanes Loganville, GA

Call Joanne Fuller for more information at 770-962-2567



EXPLORE MORE.... FUN EVENTS

Community Yard Sale at Briscoe Park



Sat, Sept 21st (10am-3pm) Get rid of that old clutter and/or come

try to find a hidden treasure!

Free Movie Nights at Briscoe Park



Sat, Oct 12 & Sat, Nov 9 Bring your chair/blankets This is a family oriented event. Movies TBA

tglass@snellville.org or call park office at 770-985-3535 for more detailed information, other park info and building/pavilion rentals! <u>WHAT'S AT</u> <u>"THE TOWNE GREEN"</u> www.snellvilletourism.com Check the above website for details & other cool events!



<u>Snellville</u> Farmer's Market

Every Saturday of the month June 1st - Sept 28th Then 1x/month starting Oct 5th (8:30am-12:30pm)





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These groups pay a group membership fee to utilize the senior center facility. If you are interested in any of these groups, please contact the individual listed below for more information.

GROUP	MEETING DAY	TIME	<u>CONTACT</u>	CONTACT #
AT&T PIONEERS	3rd Tuesday	10:30am	Thomas McDugald	(770) 938-6075
BRIDGE	Thursdays	12:00-4:00	Glen Williamson	(314) 686-3584
CANASTA	Mondays	12:00-4:00	Mickey Connerat	(770) 979-0281
COFFEE TALK	Tuesdays at Krystal's	8:30am	Joanne Fuller	(770) 962-2567
EASTSIDE AUXILLARY	May 17, Sept 13, Dec 13	10:00-2:00	Bill Feris	(770) 985-1613
GOOD FRIENDS (Ladies Only)	Selected Tuesdays	10:00am-3:30	Sherry Hall	(678) 546-5424
H2U, HEALTH TO YOU	Oct. 9, Dec.11	Varies	Ruth Bridges	(770) 921-6941
KEENAGERS - BOWLING	Mondays	10:00am	Joanne Fuller	(770) 962-2567
ANYTIME STITCHIN'	Wednesdays	10am-4pm	Nancy Martin	Contact Center