SNELLVILLE SENIOR CENTER

SPOTLIGHT

January
February 2017

Please note that sign-ups for trips, and classes in this newsletter edition begin on Tuesday, January 3.

REMEMBER TO RENEW YOUR MEMBERSHIPS BY JANUARY 13TH

HOLIDAY CLOSINGS
Monday, January 2 - New Years
Monday, January 16-Martin Luther King

You may begin signing up for your AARP Tax Appointment on January 2. They will begin their tax aide season on February 1st. Appointments go fast, so be sure to schedule yours soon.

CHRISTMAS UN-DECORATING
Wednesday, January 4
10am

Volunteers will receive double volunteer hours towards their discounted membership fee

WHAT’S YOUR LEGACY
Fridays - 6 weeks
11:00am - 12:00pm
January 20 - February 24
$25

What will be your Legacy? How would you like your life’s story to be told? Everyone has the potential to have their story and reflections of life recorded in order to be a blessing to others. You will have the opportunity to write and share your wisdom and experiences of your own life’s journey. Pastor LaTonya Taylor will guide and teach you in how to leave that lasting “Legacy” for all to see. You will need the following materials for the class: 1Paper Journal or Computer, Pens or Pencils, Dictionary and an Open Mind. Please sign-up at the front desk.

Start Your Year Off Right...
Mind, Body & Soul Eating Plan
Fridays at 10am
January 13 - March 10
Cost - $10

This is a program designed to give you all the tools and support you need to lose weight and stay healthy for life. Kathi, Director of the Senior Center has lost over 50lbs and has put together a plan that includes eating right, light exercise and spiritual encouragement that will keep you motivated. Please sign-up at the front desk.

FIRST ANNUAL SENIOR CENTER CHILI/SOUP COOKOFF
Wednesday, January 25
Noon
$5.00 for Non-Participants
FREE for participants in the Cook Off

 Bring your famous recipe to share and be judged by Snellville's Major, Tom Witts, City Manager, Butch Sanders and P&R Director, Lisa Platt. There will be 1st, 2nd and 3rd place winners and a People’s Choice Winner. The senior center will provide all the fixings, desserts, and drinks. Please help us make this a great success and join in on the fun. Sign-up at front desk.
ENERGIZE THE MIND AND SOUL

BEGINNING ANDROID/TABLET CLASSES
Tuesdays and Wednesdays
January 18-February 8
11:15 - 12:45
4 Weeks/8 Classes—$50.00

Bring your device to class and learn the features, how to navigate, icons, email, music, and much more. Please sign-up at the front desk.

Christina Watts will be the instructor and you may pay her directly at the first class meeting.

Tuesdays classes will be held in the Computer Lab downstairs and Wednesdays classes will be held in the Conference Room upstairs.

BEGINNING IPHONE/IPAD CLASSES
Tuesdays and Wednesdays
January 18 - February 8
9:30 - 11:00
4 Weeks/8 Classes—$50.00

Do you have an Iphone or an Ipad and want to know more? Bring your device to class and learn the features, icons, how to use Siri, Messenger, email, music, ibooks, and much much more. Please sign-up at the front desk.

Christina Watts will be the instructor and you may pay her directly at the first class meeting.

Tuesdays classes will be held in the Computer Lab downstairs and Wednesdays classes will be held in the Conference Room upstairs.

THANK YOU TO OUR 2016 SPONSORS

We appreciate our sponsors at the Snellville Senior Center for their contribution in providing prizes, offsetting day trip costs for the seniors, and door prizes for our events. Information may be picked up at the senior center.

Alternative Home Care
Chris Behrnrdt, Attorney
Embracing Hearts at Home
JR Trans-Care
Right at Home
Care Plus, Inc.
Home Instead Senior
J&J Security
Senior Assistant
Senior Helpers

PRIVATE TUTORING FOR PHONE, TABLET AND COMPUTER
$10/HOUR

If you are needing some private tutoring with your phone, tablet or computer, please contact the Senior Center and we will assist in getting you scheduled.

BEGINNING COMPUTER CLASS
January 17 - February 9
Tuesdays and Thursdays
2:00pm - 3:30pm
$50/8 classes

Basic computer skills will be taught using Microsoft Windows operating system. You will learn about navigating the internet, creating and accessing email, using a mouse, basic hardware and software information. MUST have at least 4 people to have class. Sign-up at front desk.

BEGINNER SPANISH CLASS
Tuesday’s, starting January 10 - February 28
11:00am - 12:00pm
$5.00 per class
8 Week Class

This will be an 8 week introductory beginner Spanish class. Please call or come by the senior center to sign-up.
**ENERGIZE THE MIND AND SOUL**

**CARD MAKING CLASS** by Jeanne

- Monday, January 9
- Monday, February 6
- Monday, March 6
- Monday, April 10
- Monday, May 22

1:00 pm - 3:00 pm
$5 per class

**HOW TO SELL MY HOUSE**

Thursday, January 19
11:00am

This will answer you questions about buying a house or selling your house and outlines the process. Door Prizes will be given out.

**ESTABLISHED SPANISH CLASSES**

Mondays & Thursdays
Instructor: Jane Moore
9:00am - Intermediate
11:15am - Advanced

- Tuesdays
  - 10:15am Beginner
  - $5 per class

These classes are for existing students or those who have had some Spanish and are able to start right in with the class.

**PAINTING CLASS**

- Thursdays
- 1:00 pm - 3:00 pm

$25.00/4 classes
Additional $25.00 if supplies are needed
Instructor: Lynne Ulmer

**CROCHET & KNITTING**

Tuesdays, 12:00pm
FREE

Volunteer Coordinator: Delrose Johnson

Come join in the fun and fellowship while you learn to knit or crochet. All levels are welcome to come join us as each one works on their own project while enjoying each others company.

**SENIOR CENTER BINGO**

- Friday, January 6 and Friday, February 3
- 1:00 pm

Bring a snack to share and join the fun!

**AARP DRIVING COURSE**

- Wednesday, January 18
- 9:30–3:30
- $20 for AARP Members
- $25 for Non-AARP Members

You may sign-up at the front desk for this class or call the senior center.
SNELLVILLE SENIOR CENTER
2350 Oak Road
Snellville, GA 30078

Phone: 770-985-3580
Fax: 770-985-3583
Website: www.snellville.org

Director:
Kathi Gargiulo
kgargiulo@snellville.org

Sr. Programs Assistant
Leslie Pender
lpender@snellville.org

Program Assistants
Tracey Glass
tglass@snellville.org
Karen Ott
kott@snellville.org

These groups pay a group membership fee to utilize the senior center facility. If you are interested in any of these groups, please contact the individual listed below for more information.

<table>
<thead>
<tr>
<th>GROUP</th>
<th>MEETING DAY</th>
<th>TIME</th>
<th>CONTACT</th>
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</tr>
</thead>
<tbody>
<tr>
<td>AT&amp;T PIONEERS</td>
<td>3rd Tuesday</td>
<td>10:30am</td>
<td>Tom McDugald</td>
<td>(770) 938-6075</td>
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<tr>
<td>BRIDGE</td>
<td>Thursdays</td>
<td>12:00-4:00</td>
<td>Janet Wolcott</td>
<td>(678) 639-1544</td>
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<td>CANASTA</td>
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<td>12:00-4:00</td>
<td>Mickey Connerat</td>
<td>(770) 979-0281</td>
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<td>DESIGNING GRANDMOTHERS</td>
<td>2nd Monday</td>
<td>10:30am</td>
<td>Louise Kirkpatrick</td>
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<td>EASTSIDE AUXILLARY</td>
<td>May 13, Sept. 16, Dec. 9</td>
<td>9:00-4:00</td>
<td>Susan Holland</td>
<td>(770) 985-4053</td>
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<td>GOOD FRIENDS (Pinochle)</td>
<td>2nd &amp; 4th Tuesdays</td>
<td>9:30am-3:30pm</td>
<td>Randy McMillen</td>
<td>(770) 554-1343</td>
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<tr>
<td>H2U, HEALTH TO YOU</td>
<td>Aug. 24, Oct. 12, Dec. 7</td>
<td>Varying</td>
<td>Laura Hannah</td>
<td>(770) 982-2359</td>
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<td>KEENAGERS - BOWLING</td>
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<td>Joanne Fuller</td>
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<td>KEENAGERS BREAKFAST</td>
<td>Tuesdays at Krystals</td>
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Travel Club
Mondays
11:30am
February 20th
May 22nd
August 21st
November 13th

Advisory Board
Tuesdays
2:00
February 21st
May 9th
August 8th
November 14th

Memberships
Annual Memberships run January-December.

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EXERCISE THE BODY

AEROBICS
Mondays & Thursdays
9:15 am
Instructor: Staci Dye
10:15 am
Instructor: Jane Moore

“GET MOVIN”
Tuesdays at 11:00 am
$5.00
FIRST CLASS FREE
Come get movin’ and groovin. Staci and Jane will instruct a variety of aerobic type exercise, fitness and dance each Tuesday. Come join the fun!!

PILATES/YOGA
Tuesdays & Fridays
10:00 am
Instructor: Staci Dye
$3.00 per class

“SOLE BUSTERS”
WALKING GROUP
Mondays and Wednesdays
10:15 am
Come join us as we begin our new walking group “Sole Busters” We will meet at the senior center and walk the sidewalk perimeter of the City Center complex. Please sign-up at the desk.

WEIGHT ROOM TRAINING
Members must be trained on the equipment prior to utilizing.
Training Class will be at
1:00pm
Wednesday, November 16 & Tuesday, December 13

BILLIARDS / POOL ROOM
All equipment is available for use by all senior center members. Come and Enjoy.

KEENAGER BOWLING
Monday’s at 10am
Stars and Strikes Bowling Lanes
770-554-6262
479 Brightwell Court (On Hwy 78)
Loganville, GA
Call Joanne Fuller for more information at 770-962-2567

VOLUNTEERS NEEDED
Laundry Angel - Wash dish towels (Monthly)
Display Cabinet Angel - Dust and organize display (Monthly)
Help Staff Member Organize Storage Supply Closet
Please contact the front desk and let us know if you are interested in helping.
SENIOR CENTER PROGRAMS SURVEY 2016

IF YOU DID NOT COMPLETE AND RETURN THIS FORM LAST MONTH, PLEASE TAKE THE TIME TO RESPOND AND GIVE US YOUR FEEDBACK AND SUGGESTIONS.

Please **CIRCLE only** those activities, programs and trips for which **YOU WOULD ACTUALLY PARTICIPATE**

<table>
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<th>Nutrition Class</th>
<th>Digital Photography</th>
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<tr>
<td>Bible Study</td>
<td>Movie Day (Out or Inhouse)</td>
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<tr>
<td>Book Club</td>
<td>Gardening Class</td>
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<tr>
<td>Game Day</td>
<td>Lunch Bunch (Restaurants or Inhouse)</td>
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<tr>
<td>Party Luncheons (i.e. Fiesta, Chinese New Year, etc.)</td>
<td>Craft Class (Bi-Monthly)</td>
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<tr>
<td>Water Aerobics</td>
<td>Recipe Swap Luncheon</td>
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<td>Home Decorating</td>
<td>Drawing Class</td>
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<td>Painting</td>
<td>Holiday Cookie Swap</td>
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<td>Health Fair</td>
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<td>Tai Chi</td>
<td><strong>Computer Classes:</strong></td>
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<td>Beginner</td>
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<td>Genealogy Class</td>
<td>Intermed/Advance</td>
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<td>Chili/Soup Cookoff</td>
<td>Ipad/Iphone/Facebook</td>
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<td>Jewelry Making</td>
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<td>Weight Loss Class/Support</td>
<td><strong>Write-in Programs and Day Trip Suggestions:</strong></td>
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<td>Tennis</td>
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<td>Calligraphy Class</td>
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