

# SNELLVILLE SENIOR CENTER SPOTLIGHT

January  
February  
2017

Please note that sign-ups for trips, and classes in this newsletter edition begin on Tuesday, January 3.

REMEMBER TO RENEW YOUR  
MEMBERSHIPS BY JANUARY 13TH



## HOLIDAY CLOSINGS

Monday, January 2 - New Years

Monday, January 16-Martin Luther King



You may begin signing up for your AARP Tax Appointment on January 2. They will begin their tax aide season on February 1st. Appointments go fast, so be sure to schedule yours soon.



## CHRISTMAS UN- DECORATING

Wednesday, January 4

10am

Volunteers will receive double volunteer hours towards their discounted membership fee



## Start Your Year Off Right...

### Mind, Body & Soul Eating Plan

Fridays at 10am

January 13 - March 10

Cost - \$10



This is a program designed to give you all the tools and support you need to lose weight and stay healthy for life. Kathi, Director of the Senior Center has lost over 50lbs and has put together a plan that includes eating right, light exercise and spiritual encouragement that will keep you motivated. Please sign-up at the front desk.



Fridays - 6 weeks  
11:00am - 12:00pm  
January 20 - February 24  
\$25

What will be your Legacy? How would you like your life's story to be told? Everyone has the potential to have their story and reflections of life recorded in order to be a blessing to others. You will have the opportunity to write and share your wisdom and experiences of your own life's journey. Pastor LaTonya Taylor will guide and teach you in how to leave that lasting "Legacy" for all to see. You will need the following materials for the class: 1 Paper Journal or Computer, Pens or Pencils, Dictionary and an Open Mind. Please sign-up at the front desk.

## FIRST ANNUAL SENIOR CENTER CHILI/SOUP COOKOFF

Wednesday, January 25

Noon

\$5.00 for Non-Participants

FREE for participants in the Cook Off



Bring your famous recipe to share and be judged by Snellville's Major, Tom Witts, City Manager, Butch Sanders and P&R Director, Lisa Platt. There will be 1st, 2nd and 3rd place winners and a People's Choice Winner. The senior center will provide all the fixings, desserts, and drinks. Please help us make this a great success and join in on the fun. Sign-up at front desk.

# ENERGIZE THE MIND AND SOUL

## BEGINNING ANDROID/TABLET CLASSES

Tuesdays and Wednesdays

January 18-February 8

11:15 - 12:45

4 Weeks/8 Classes—\$50.00

Bring your device to class and learn the features, how to navigate, icons, email, music, and much much more. Please sign-up at the front desk.

Christina Watts will be the instructor and you may pay her directly at the first class meeting.



**Tuesdays classes will be held in the Computer Lab downstairs and Wednesdays classes will be held in the Conference Room upstairs**

## THANK YOU TO OUR 2016 SPONSORS

We appreciate our sponsors at the Snellville Senior Center for their contribution in providing prizes, offsetting day trip costs for the seniors, and door prizes for our events. Information may be picked up at the senior center.

Alternative Home Care  
Chris Behrndt, Attorney  
Embracing Hearts at Home  
JR Trans-Care  
Right at Home

Care Plus, Inc.  
Home Instead Senior  
J&J Security  
Senior Assistant  
Senior Helpers

## **PRIVATE TUTORING FOR PHONE, TABLET AND COMPUTER \$10/HOUR**

If you are needing some private tutoring with your phone, tablet or computer, please contact the Senior Center and we will assist in getting you scheduled.

## BEGINNING IPHONE/IPAD CLASSES

Tuesdays and Wednesdays

January 18 - February 8

9:30 - 11:00

4 Weeks/8 Classes—\$50.00



Do you have an Iphone or an Ipad and want to know more? Bring your device to class and learn the features, icons, how to use Siri, Messenger, email, music, Ibooks, and much much more. Please sign-up at the front desk

Christina Watts will be the instructor and you may pay her directly at the first class meeting.



**Tuesdays classes will be held in the Computer Lab downstairs and Wednesdays classes will be held in the Conference Room upstairs**



## BEGINNER COMPUTER CLASS

January 17 - February 9

Tuesdays and Thursdays

2:00pm - 3:30pm

\$50/8 classes

Basic computer skills will be taught using Microsoft Windows operating system. You will learn about navigating the internet, creating and accessing email, using a mouse, basic hardware and software information. **MUST** have at least 4 people to have class. Sign-up at front desk.



## NEW BEGINNER SPANISH CLASS

Tuesday's, starting January 10 - February 28

11:00am - 12:00pm

\$5.00 per class

8 Week Class

This will be an 8 week introductory beginner Spanish class. Please call or come by the senior center to sign-up.

# ENERGIZE THE MIND AND SOUL

## CARD MAKING CLASS by Jeanne



Monday, January 9  
Monday, February 6  
Monday, March 6  
Monday, April 10  
Monday, May 22

1:00 pm - 3:00 pm  
\$5 per class

## HOW TO SELL MY HOUSE

Thursday, January 19  
11:00am

This will answer you questions about buying a house or selling your house and outlines the process. Door Prizes will be given out.



## ESTABLISHED SPANISH CLASSES

**Mondays & Thursdays**  
Instructor: Jane Moore  
9:00am - Intermediate  
11:15am - Advanced  
**Tuesdays**  
10:15am Beginner  
\$5 per class

These classes are for existing students or those who have had some Spanish and are able to start right in with the class.



**Established**  
Beginner Spanish  
Mondays  
10:15am  
\$5.00 per class

Call for more information. If you have had Spanish previously, you may be able to join in on this class.



## PAINTING CLASS

Thursdays  
1:00 pm - 3:00 pm



\$25.00/4 classes  
Additional \$25.00  
if supplies are needed  
Instructor: Lynne Ulmer

## CROCHET & KNITTING

Tuesdays, 12:00pm  
FREE

Volunteer Coordinator: Delrose Johnson



Come join in the fun and fellowship while you learn to knit or crochet. All levels are welcome to come join us as each one works on their own project while enjoying each others company.



## SENIOR CENTER BINGO

Friday, January 6 and Friday, February 3  
1:00 pm

Bring a snack to share and join the fun!

## AARP DRIVING COURSE

Wednesday, January 18  
9:30-3:30

\$20 for AARP Members  
\$25 for Non-AARP Members



You may sign-up at the front desk for this class or call the senior center.



## SNELLVILLE SENIOR CENTER

2350 Oak Road  
Snellville, GA 30078

Phone: 770-985-3580

Fax: 770-985-3583

Website: [www.snellville.org](http://www.snellville.org)

### **Director:**

*Kathi Gargiulo*

*kgargiulo@snellville.org*

### **Sr. Programs Assistant**

*Leslie Pender*

*lpender@snellville.org*

### **Program Assistants**

*Tracey Glass*

*tglass@snellville.org*

*Karen Ott*

*kott@snellville.org*

### **Travel Club**

Mondays  
11:30am

February 20th  
May 22nd  
August 21st  
November 13th



### **Advisory Board**

Tuesdays  
2:00

February 21st  
May 9th  
August 8th  
November 14th

## **Memberships**

Annual Memberships run January-December.

### **Full Year Rate**

January-June

\$15 City Resident

\$25 County Resident

\$30 Non County Resident

### **Partial Year Rate**

July-December

\$ 9

\$15

\$18

**ALL RETURNING MEMBERS MUST RENEW BY  
JANUARY 13TH**

**These groups pay a group membership fee to utilize the senior center facility. If you are interested in any of these groups, please contact the individual listed below for more information.**

<u>GROUP</u>	<u>MEETING DAY</u>	<u>TIME</u>	<u>CONTACT</u>	<u>CONTACT #</u>
AT&T PIONEERS	3rd Tuesday	10:30am	Tom McDugald	(770) 938-6075
BRIDGE	Thursdays	12:00-4:00	Janet Wolcott	(678) 639-1544
CANASTA	Mondays	12:00-4:00	Mickey Connerat	(770) 979-0281
DESIGNING GRANDMOTHERS	2nd Monday	10:30am	Louise Kirkpatrick	(678) 985-0281
EASTSIDE AUXILIARY	May 13, Sept. 16, Dec. 9	9:00-4:00	Susan Holland	(770) 985-4053
GOOD FRIENDS (Pinochle)	2nd & 4th Tuesdays	9:30am-3:30pm	Randy McMillen	(770) 554-1343
H2U, HEALTH TO YOU	Aug. 24, Oct. 12, Dec. 7	Varying	Laura Hannah	(770) 982-2359
KEENAGERS - BOWLING	Mondays	10:00am	Joanne Fuller	(770) 962-2567
KEENAGERS BREAKFAST	Tuesdays at Krystals	8:00am	Joanne Fuller	(770) 962-2567
QUILTERS	Wednesdays	10am-4pm	Nancey Martin	contact center

# EXERCISE THE BODY

## AEROBICS

**Mondays & Thursdays**

**9:15 am**

Instructor: Staci Dye

**10:15 am**

Instructor: Jane Moore



## “GET MOVIN”

**Tuesdays at 11:00 am**

**\$5.00**

**FIRST CLASS FREE**

Come get movin' and groovin. Staci and Jane will instruct a variety of aerobic type exercise, fitness and dance each Tuesday. Come join the fun!!

## PILATES/YOGA

**Tuesdays & Fridays  
10:00 am**



Instructor: Staci Dye  
\$ 3.00 per class

## “SOLE BUSTERS” WALKING GROUP

**Mondays and Wednesdays  
10:15 am**

Come join us as we begin our new walking group “Sole Busters” We will meet at the senior center and walk the sidewalk perimeter of the City Center complex. **Please sign-up at the desk.**



## WEIGHT ROOM TRAINING

**Members must be trained on the equipment prior to utilizing.**

**Training Class will be at  
1:00pm**

**Wednesday, November 16 &  
Tuesday, December 13**



## KEENAGER BOWLING

**Monday's at 10am  
Stars and Strikes Bowling Lanes  
770-554-6262  
479 Brightwell Court (On Hwy 78)  
Loganville, GA**



**Call Joanne Fuller for more information at  
770-962-2567**

## BILLIARDS / POOL ROOM

**All equipment is available for use by all senior center members. Come and Enjoy.**



## VOLUNTEERS NEEDED

Laundry Angel - Wash dish towels (Monthly)  
Display Cabinet Angel - Dust and organize display (Monthly)  
Help Staff Member Organize Storage Supply Closet

**Please contact the front desk and let us know if you are interested in helping.**



# **SENIOR CENTER PROGRAMS SURVEY 2016**

**IF YOU DID NOT COMPLETE AND RETURN THIS FORM LAST MONTH, PLEASE TAKE THE TIME TO RESPOND AND GIVE US YOUR FEEDBACK AND SUGGESTIONS.**

Please **CIRCLE only** those activities, programs and trips for which **YOU WOULD ACTUALLY PARTICIPATE**

Nutrition Class

Digital Photography

Bible Study

Movie Day (Out or Inhouse)

Book Club

Gardening Class

Game Day

Lunch Bunch (Restaurants or Inhouse)

Party Luncheons (i.e. Fiesta, Chinese New Year, etc.)

Craft Class (Bi-Monthly)

Water Aerobics

Recipe Swap Luncheon

Home Decorating

Drawing Class

Painting

Holiday Cookie Swap

Health Fair

## **Computer Classes:**

Tai Chi

Beginner

Genealogy Class

Intermed/Advance

Chili/Soup Cookoff

Ipad/Iphone/Facebook

Jewelry Making

## **Write-in Programs and Day Trip Suggestions:**

Weight Loss Class/Support

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Tennis

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Calligraphy Class

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Cake Decorating Class

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Chair Exercising

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