



THE SNELLVILLE SPOTLIGHT

July
August
2020

All trips for the rest of this year have either been cancelled or rescheduled due to the Coronavirus.

The Ark Encounter/Creation Museum

This trip has been rescheduled for next year 2021!
Payments/Sign up will not start until further notice.

You can **tentatively** mark your 2021 calendar for:

Date: Mon-Fri, May 24-28, 2021

Cost: \$560pp-double, \$739pp-single

Meeting Time: TBD at later date

Even though you were on the list for 2020, you must sign up again for 2021 when it starts!

Call Tracey at 770-985-3580 with any questions!



Attention:

Our center remains closed at this time; however, since we are unsure when we will be allowed to reopen, we are still sending out the newsletter to keep you updated on what is planned. As soon as we are given a date to reopen the facility, we will contact each member. Until then, we hope everyone stays healthy, safe and at home. Staff are still working so feel free to call us at 770-985-3580.

**Take Care,
Kathi, Tracey, Allison & Karen**

Outdoor Exercise Program at "Briscoe Park"

Effective Mon, June 15th, we started outdoors aerobics and walking classes. Due to the overwhelming response, for both, you must call the center, prior to attending classes, so that we get an accurate count.

Everyone is required to sign a waiver, sign in and wear a mask. We will adhere to social distancing and the rules of COVID-19.



Times are subject to change with weather.

**Aerobics classes will begin at 8:15 am on
Mondays & Thursdays.**

**The Sole Busters walking group will meet on
Wednesdays and Fridays at 8:15 am**



If you have any questions, please feel free to call the office
Mon-Fri from 9am-4pm at 770-985-3580.

DID YOU KNOW:

- *That unless food is mixed with saliva you can't taste it!
- *That only 11% of people are left handed!
- *That the average person falls asleep in 7 minutes!
- *That lemons contain more sugar than strawberries! Wow!
- *That 8% of people have an extra rib!
- *That 85% of plant life is found in the ocean!
- *That your daily water consumption, in ounces, is half of your weight! Example: 140lbs=70ozs=9 (8oz) glasses!
- *That up to 60% of human adult's body is water on the avg!
- *That the brain & heart are composed of 73% water!
- *That lungs are about 83% water!
- *That skin contains 64% water!
- *That even the bones are watery at 31%!

So, drink your water! The body needs it!

Important Safety Tips :

- *Continue to wash your hands thoroughly
- *Continue to cover your cough/sneeze
- *Continue to stay at home when sick
- *Clean/disinfect frequently touched items
- *When going out and coming home, always examine your surroundings before getting in/out of your car.
- ***Always remember safety first in all you do.**



**NO OUTDOOR EXERCISE AT
TW BRISCOE PARK
ON FRIDAY, JULY 3RD
DUE TO JULY 4TH HOLIDAY**

CLASSES, ACTIVITIES & MORE ONCE WE OPEN

CARD MAKING CLASS

2 classes/month-same class
 Mon, Aug 10 & 24 if cntr opens



1:00 pm - 3:00 pm
 \$5 per class includes materials.
 Sign up for only 1 class per month!

Red Hatters-1pm

1st Weds, once we open.



This social group
 enjoys living life to
 the fullest!

Come find out what
 it's all about!

CROCHET & KNITTING CLASS (Free) Tuesdays at Noon

Come join the fun once center opens!

All levels are welcome and
 help is available.

Drop in for a
 little socialization!



PAINTING CLASS

Thursdays
1pm - 3pm

\$28.00
4 classes

Instructor: Lynne Ulmer



No prior painting necessary. Learn how
 to paint and enjoy creating your own
 work of art. **Supplies not included.**

BINGO

Fri, Aug 7th if we open!



At 1pm

**Bring a snack
 to share!**

Card Sharks & More!

Spades, Hearts, Dominos

Bid Wiz, Trivia & More 1pm

Friday, Aug 14th if center opens!



Self Defense for Seniors

Coming back soon!

All interested sign up

once we open!



SPANISH CLASSES

(\$5 per class to instructor)

Mondays

9:00-10:00 Advance Class**-Mon only

Tuesdays & Thursdays

9:00-10:00 Jane's Class**-Thurs only

10:15-11:15-Isabel's Level 1**-Both Days

11:20-12:20 -Beginning Spanish-Both days

Always Check front desk for any Changes

****These classes require prior Spanish****

Teachers Needed:



Iphone/Ipad Classes
 Android/tablet Classes
 Piano Classes
 Craft Classes
 Stain Glass Classes



Please contact Tracey at 770-985-3580 if
 interested or if you know someone who is.

Quilting Class

Ongoing Classes at \$9/Class
Fridays, 12:30-3:30pm

Classes are open to beginners,
 intermediate and advance quilters!
 Enjoy quilting & a little socialization!



**Interested
 members sign up at
 desk once we open!**

Classes or Other Activities!

If you or someone you know has a
 craft or other activity that you are
 interested in seeing at the center,
 contact Tracey Mason Glass at
 770-985-3580 to discuss!

Piano Lessons \$5/class

Wednesday classes only
 Beginners, Intermediate
 and Advance members
 are welcome once we open!



**Classes are full right now but we
 are seeking a second teacher!**

Sewing Classes are Back



Fridays from 12:30-2:30 (sign up needed)

Beginners: 4 weeks for \$25 (Kit included)

Other supplies/Fabrics additional fee. You
 must have a good working machine.



Computer Classes are Back! \$5 per class

Classes will be ongoing Mondays at 11:15am

Open computer classes for beginners, intermediate and advance
 students who need technical support or just need to know A-Z about
 computers. **All interested please sign up at front desk once center opens**



Happy Birthday!

*To all who will
 celebrate a birthday
 in July & August
 Enjoy YOUR special
 Day!*



EXERCISE THE MIND, BODY & SOUL



“Outdoor Fitness Classes”

(Free with membership)

Mondays & Thursdays

8:15 am

Instructors: Jane Moore & Staci Dye
Until further notice, classes will be at
Briscoe Park, 2500 Sawyer Parkway.
Call 770-985-3580 for changes/questions!

“Get Movin’ / Line Dancing”

This class is cancelled until further notice! I am presently seeking another teacher for this class! If you know of anyone who teaches Zumba or Line dancing, please have them to contact Tracey Glass at 770-985-3580.

“PILATES/YOGA”

Tuesdays & Fridays

10:00 am

First Class Free

(Once center opens)

Instructor: Staci Dye
\$3.00 per class

“Twist and Tone” \$3/class

Fridays at 9:00am with Jane

Tone up and get ready for the summer in this fun packed class!

(Once center opens)



“EXERCISE ROOM TRAINING”

Members must be trained on the equipment prior to utilizing.

Training Class will be at 12:15pm

Wed, Aug 19th

(If Center is open in August)

See front desk if you can't make this date.

“Blood Pressure Checks”



Twice per month

Mondays at 10AM

Check your blood pressure.

It could save your life!

Stress can strain your heart.

See the front desk for dates once we open.

“SOLE BUSTERS”

Outdoors WALKING GROUP

Wed and Fri 8:15 am

Come join our walking group!

Presently, we meet at

Briscoe Park.

Call 770-985-3580 for details.

BILLIARDS / POOL ROOM

All equipment is available for use by Senior Center members.

Come and enjoy!



KEENAGER BOWLING

Monday's at 10am Cost: \$9

Stars and Strikes

Bowling Lanes-Loganville

Call Joanne Fuller for more
Info at 770-962-2567 once center opens



EXPLORE MORE.... FUN EVENTS

What's Happening At Briscoe Park



Pool Hours/COVID-19 Rules

Facebook.com/SnellvilleParks

(Pool reopened for everyday use starting on Thursday, June 18th & ends Sept 7th)

Briscoe Park offers an array of activities such as Senior Adult Exercise Classes, Youth Soccer, Youth flag football, Conditioning for Youth Football & Cheerleading, Adult Kickball, Adult Softball and more!

Check out the park's website at Snellville.org or Facebook page at [Facebook.com/Snellville Parks](https://www.facebook.com/SnellvilleParks)

Call the park office at 770-985-3535 for more info and for Senior Center and park room/pavilion rentals!

WHAT'S AT

“THE TOWNE GREEN”

www.SnellvilleEvents.com

Check the above website for details & other cool events!



Snellville

Farmer's Market

Every Sat starting with Jun 6th-
Sept 26th (8:30-12:30)





**SNELLVILLE
SENIOR
CENTER**

2350 Oak Road
Snellville, GA 30078

Phone: 770-985-3580

Fax: 770-985-3583

Website: www.snellville.org

Director:

Kathi Gargiulo

kgargiulo@snellville.org

Sr. Program Assistant I

Tracey Mason Glass

tglass@snellville.org

Program Assistants II

Karen Ott

kott@snellville.org

Allison Marti

amarti@snellville.org



CENTER MEMBERSHIP

2020 renewals started on October 30, 2019!

Annual Memberships run January-December

Ages 55 and up. **We take Cash & Checks only.**

Full Year Rate

Partial Year Rate

January-December

July-December

\$15 City Limit Resident \$9

\$25 Gwinnett County Resident \$15

\$30 Non-County Resident \$18

AARP DRIVING COURSE

In-Person Classes Cancelled for 2020 and will resume in 2021.

Online courses are available at www.aarpdriversafety.org

Use promo code **DRIVINGSKILLS** for 25% discount thru Dec 31, 2020.



Travel Club Meeting

Mon, Aug 10th

11:30am if cntr opens

Advisory Board Mtg

Tues, Aug 11th

2pm if center opens



**Candy
Donations
are Always
Appreciated**



WEATHER REMINDER



We follow Gwinnett County school system for closings due to inclement weather only. However, we have a different schedule for yearly holidays.

Notice to all Center Members/Visitors

In order to keep you and our employees safe, **a mask is required** to be worn by everyone at all times in City buildings and Social distancing guidelines must be followed.

If you do not have a mask, please wait outside the building and call 770-985-3580 to reach someone inside and one will be provided to you.

Thanks, let's work together for the safety of all!

These groups pay a group membership fee to utilize the senior center facility. If you are interested in any of these groups, please contact the individual listed below for more information.

<u>GROUP</u>	<u>MEETING DAY</u>	<u>TIME</u>	<u>CONTACT</u>	<u>CONTACT #</u>
AT&T PIONEERS	3rd Tuesday	10:30am	Thomas McDugald	(770) 938-6075
BRIDGE	Thursdays	12:00-4:00	Glen Williamson	(314) 686-3584
CANASTA	Mondays	12:00-4:00		
COFFEE TALK	Tuesdays at Bojangles'	8:30am	Joanne Fuller	(770) 962-2567
GOOD FRIENDS (Ladies Only)	2nd & 4th Tuesdays	10:00am-3:30	Sherry Hall	(678) 546-5424
KEENAGERS - BOWLING	Mondays	10:00am	Joanne Fuller	(770) 962-2567
ANYTIME STITCHIN'	Wednesdays	10am-4pm	Nancy Martin	Contact Center