

Snellville Parks & Recreation Active Adults 50+

Mar-Apr 2024



SPOTLIGHT

The first day to call & sign up for programs, events and trips from this newsletter is <u>9am on Thursday March 7th</u>.





Thurs, March 21 @ 7:30am Cost: \$35 (Charter Bus)

This museum features exhibits about the secret formula of Coca-Cola, a 3D movie and allows you to taste 60 different fla-

vors from around the World! Let's take a journey through the storied history of the iconic beverage brand, interact with a variety of exhibits and chill with the world's bubbliest

polar bear! <u>Wear comfortable shoes!</u>
<u>Lunch on your own at the CNN center!</u> Don't sleep on this one! It's going to be a blast! <u>Sign up on Thurs, March 7th!</u>

Church on Main Presents:

Gwinnett Metro Senior Adult Rally

Thursday, March 14 at 9:30am at church Cost: \$12 (includes lunch)

Featuring Babbie Mason and the Gwinnett
Metro Senior Adult Community Choir. A morning of worship & fellowship you won't want to
miss! Come out and enjoy!



Sign Up now, deadline Mar 7th. Meet at the Church at 9:30am.

<u>Members Volunteer Training Class</u>

Mon, March 25th @11:30am (lunch provided)
If you have a give back spirit, we need you here at
the center! You must attend training in order to be
a volunteer though. It comes with great perks!
Sign up now by calling the front desk.

Photos for RecDesk...Please note that For additional security, we are taking profile pictures for each member's account. Thanks for cooperating.

Hear Ye! Hear Ye! Our Line Dance teacher, Angela, is looking for talent for her Annual Showcase in Sept! If you have a talent that you would love to show off, Sign up at the front desk! It's always a fun time!

Sat, Apr 6th @ 10am

Cost: \$50 (Charter Bus)

GET READY!! GET READY!I

This is a must see stunning

show with amazing costumes and jaw-dropping performances from all over the world! It's been called the "Coolest Show on Earth" and the

"Most Exciting Circus You will Ever See"!

Eat a big breakfast! Sign up Thurs, March 7th

Fall Prevention Awareness Day

Westminster Presbyterian Church (Meet at church)
Date: Friday, April 19th

<u>Time:</u> 9:30am (Lunch Provided)

<u>Cost:</u> (Free but must be registered by April 5th) "We all Can Learn to be Happy and Healthy!" There will be free health checks, health screenings, heath prevention info and demonstrations.







Sign up now, the center will register you!

Please read the entire newsletter/calendar for changes!

*Please note, payments are due within 3 days of calling or signing up for events then after the 3rd day, you go on the wait list.

*If you would like to OPT IN for reminder texts rather than to receive a phone call, call the front desk at 770-985-3580 or email Allison at amarti@snellville.org with your preferred cell number and name of your phone carrier.

Teacher's Needed

We are looking for Quilting, Sewing, Piano and Craft teachers. If interested contact Tracey for availability!





CLASSES, ACTIVITIES & MORE

Check the calendar for detailed room, location and other possible changes!



CARD MAKING CLASS

Mon, Mar 25th & Apr 8th 1:00 pm - 3:00 pm (with Jean C.)

\$5 per class includes materials. Sign up each month!

Limited to 12 members/class.



Royal Hatters-1pm

Thurs Mar 7th & Apr 4th

A Fun-filled group that's all about, fellowship, friendship & sisterhood!



They do trips, lunches, crafts & fun activities! Join the fun!

CROCHET & KNITTING CLASS (Free) Tuesdays at Noon



Fun, Fun and fun! All levels are welcome for instructions and help or just fellowship w others! It's never too late to learn! Instructor: Delrose

Hi-Lo's of Snellville

This is a singing group that is full of life and opened for new members! They practice on Mon at 1pm, (Mar 4, 18 & Apr 1, 15, 29)

Come learn a fun little song & enjoy! 🐧

Game Day Group-Fri-1p

This group plays various games such as Rummikub, Dominos and card games like Phase 10 & more! Come enjoy the fun & socializing!



Fri, Mar 8, 15, 22 Fri, Apr 12, 19, 26



Never too late to learn a new language

SPANISH with ISABEL-\$5

Tues & Thurs (Sept-May)

9:15-10:15-Beginning Spanish - Both days

10:20-11:20-Spanish 1-Both days

Sign Language.. Thurs @ 12:30

New..Book Club 1x/mo

Sign up-12 Max ... Mar 11 & Apr 8 @11am Book: "A Walk to Remember" by Nicholas Sparks



"The Art & Beauty of Signing" Sign Up Now! Starts March 14

Devotional Study Group

2nd & 4th Tues-1pm with Rhonda

Spades, Hearts, Bid Whist, etc. Never played! We teach! It's Fun

1 pm...1st Tues & 2nd Fri Mar 5, 8 & Apr 2, 12

Card Sharks & More!



Piano Lessons

All levels are welcome! Class on Wednesdays! You must sign up and Pay monthly!



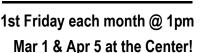
Classes...Sept-May Instructor: Sherry

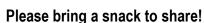
Spanish with Luis



Intermediate-Thursdays 9:15-10:15 Conversation Spanish-Thurs 10:20-11:20

BINGO 2x/mo.





Thurs, Mar 21 & Apr 18 at 1:00 Oaks of Snellville-Hwy 124-Go on your own!

PINOCHLE-Mondays @ 9:30am Mar 4, 11, 18, 25 & Apr 1, 8, 15, 22

Listen, Enjoy, Share, Learn and have fun!

Mar 12, 26, & Apr 9, 23(Spring Fling)

Fun to play, learn and meet a new friend!

LINE DANCING with Angela

Old dances & new dances! Just come enjoy! Weds-Mar 6, 13, 20, 27 & Apr 3, 10,17, 24 1p-Beg & 2:30p-Adv Cost \$5.00/class. Pay instructor

This class offers so much fun and excitement! Great exercise and memory involved!

Quilting & Sewing

Tresently seeking sewing & Quilt instructors! Flease call the front desk

Il interested or a referral!

Chess Anyone

All are welcome from beginners to advance players! If you ever had a desire to learn to play chess or if you are

just a person who wants to test your skills! Come out to play & meet new friends!

Bring a chess set if you have one!

Mar 26, 29 & Apr 23, 26 (1-3pm/Tues-Fri) Bring a snack to share & join the FUN!

Free Computer/iPhone Classes-Tuesdays (Limited to 8)





March 12th-9:30-iPhone Class

March 19, 26-10am-computer class

No classes in April

Sign up now & please let us know when you can't attend class.

Happy Birthday!

To all who will celebrate a birthday in Mar/Apr



Enjoy YOUR Special Day!





EXERCISE THE MIND, BODY & SOUL

Check the calendar for detailed room, location and other possible changes!



Indoors Aerobics-FREE

Mondays & Thursdays
Enjoy movin' & groovin' pounds off!
9:15am (Peg) & 10:15am (Jane)

Classes are filling up! Go to either class but due to space not both!



\$5/class-Wednesdays 10:00am Pay Instructor at each class!

Toning to the beat in this fun impact class!

Just watch the inches fade away!

Watch Calendar for location changes!

Tennis at Briscoe Park

If you are interested in learning how to play tennis, **Advantage Evans Tennis** is offered at Briscoe Park. Contact Anthony at 470-417-4547 or check web at www.aetennis.com for details!
Join the great exercise and fun!







Exercise Room Training

Members must be trained on the equipment prior to utilizing.

Wednesdays

Mar 13, 27 & Apr 10, 24

12:15, 12:30 & 12:45

Must Sign up for a slot (3 minimum)

Billiards/Pool Room

Come play a game of pool and meet some new friends! It's lots of FUN!



Yoga w/ Linda \$5/class

Let go of it ALL! Enjoy some mental relaxation and meditation! **Woosah!** Tuesdays at 10am-pay instructor!

SOLE BUSTERS Walk Group

Let's Start back on Wednesdays at 9am



Blood Pressure Checks

2nd Thursdays at 10am Mar 14th & Apr 11th



Here at the Center and provided by: Sunrise Senior Living at Five Forks

Keenager Bowling

Mondays at 10am Cost: \$9 Stars and Strikes Bowling-Loganville

Coffee Talk-McDonalds in Grayson
Tuesdays at 8:30am
Come and enjoy the socialization!
Joann Fuller at 770-962-2567



EXPLORE MORE.... FUN EVENTS

What's Happening At Briscoe Park

The park offers a variety of Programs for all Ages

<u>Adult & Youth Sports</u>-www.quickscores.com/Snellville (Basketball: 8U, 10U, 12U also offering Kickball & Tennis)

<u>Generals Athletic Club</u> (For Youth)-www.gac-sports.org

<u>National Youth Flag Football-</u>falconsflagfootball.com

<u>All-In FC (Youth Soccer)</u>-www.allinfc.com

<u>Jazzercise</u> (M, W, Thurs 5-6pm); <u>Martial Arts</u> (Tues 6-7pm) <u>Adult Pickleball at Snellville Community Church</u> (Matthew McLendon 678-430-6019)

<u>Family Fun Day</u>-Mar 23rd, 11-3p-Whole family fun! <u>Spring Car Show</u>-Apr 20, 11-3p-Enjoy some cool cars!

Call the Park office at 770-985-3535 for room rentals & more Check Facebook: www.facebook.com/SnellvilleParks and Website: www.snellville.org/parks-recreation for more info!

WHAT'S HAPPENING ON

"THE TOWNE GREEN"

www.SnellvilleEvents.com



Check the above website for calendar of events such as Concerts on the Greene & other happenings!

<u>Snellville</u> <u>Farmer's Market</u>



October-May (1st & 3rd Sat only 9-12) June-Sept (every Saturday 8:30-12:30) Come out and enjoy some fresh fruits, vegetables & other homemade items!





Snellville Parks & Recreation Active Adult Center

2350 Oak Road Snellville, GA 30078

Phone: 770-985-3580 Fax: 770-985-3583

Director:

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Program Coordinator

Tracey Mason Glass tglass@snellville.org

Program Assistants II

Allison Marti amarti@snellville.org Michele Gresham mgresham@snellville.org



Check out our <u>FACEBOOK</u> page for updates that may not make it into the newsletter!

Www.facebook.com/snellvillescactiveadults/

Website: www.snellville.org (click on Community then Senior Center/Parks & Rec)

2024 CENTER MEMBERSHIP

Time to RENEW for March & April!!

Annual Membership starts from date you sign up.

We take Cash, Checks and Cards (3% charge)

Sign up available now online at

www.snellville.recdesk.com

\$15 City Limit Resident

\$25 Gwinnett County Resident

\$30 Non-County Resident



<u>Travel Club Meeting</u> Monday, Apr 22 at 11:30am

Advisory Committee Mtg Tuesday, Apr 23 at 2pm



AARP DRIVING COURSE

Mar 13 & Apr 10 at 9am \$20 for AARP Members \$25 for Non-AARP Mem

Call front desk at 770-985-3580 for a slot!



Center Events/Day & Overnight Trips

Please get your name on the waiting list asap. We will call if there is a cancellation. If YOU ever need to cancel, we will call from the waiting list first to reimburse you. However, if there's no one on the wait list, then, you're responsible to find a replacement or there is no refund. For emergency only, please contact us immediately and, if possible, we will do our best to find an option for reimbursement. Please note that you are able to only sign yourself up for events/trips unless you are a caregiver or spouse. NOTE: We go by the time you call and/or leave a message for events/trips placement. All walk-ins are counted from when you reach the front desk and not from the time you arrive. For overnight trips only, we take cash, money orders or checks which are to be written to Delrose Johnson, our Travel Club President. Credit card payments are Not Accepted. Everyone MUST follow rules or you will not be able to take any future trips. Thanks!

These groups pay a group membership fee to utilize the senior center facility. If you are interested in any of these groups, please contact the individual listed below for more information.

CONTACT **GROUP MEETING DAY** TIME CONTACT# **TELEPHONE PIONEERS** 3rd Tuesday 10:45am Thomas McDugald (770) 938-6075 **BRIDGE** 12:00-4:00 Susan Paiari (678) 656-3248 Thursdays **CANASTA** 12:00-4:00 Debbie Parrish (404) 372-7406 Mondays **COFFEE TALK** Tuesdays-McDonald's Grayson 8:30am Joanne Fuller (770) 962-2567 **KEENAGERS - BOWLING** Mondays-Stars&Strikes Lgnvile 10:00am Joanne Fuller (770) 962-2567 ANYTIME STITCHIN' Wednesdays 10am-4pm Brenda DeBord Closed Group