

Snellville Parks & Recreation Active Adults 50+

Sept/Oct 2025

SPOTLIGHT



The first day to call & sign up for programs, events and trips from this newsletter is <u>9am on Wed, Sept 3rd</u>



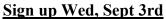
Senior Resource Forum

Thurs, Sept 18th @1pm at the Senior Center

This valuable, informative forum will come with expertise on subject matters that will aid our growing senior community. Information such as **AI scams, fraud, transit services, health, housing, emergency assistance** and other concerns! Bring your questions and listening ears!









Special thanks to our 2025 Sponsors

Please take the time to visit Our Resource area

to obtain valuable information! Sponsors help in many ways such as with Bingo, blood pressure checks, our annual member's luncheon, monetarily and more!!!

- *Affordable Medicare Solutions *All Angel Care
- *Carlos Muniz Transportation *Maggie Dial Cares, LLC
- *Easy Care Services *Epsilon Home Care Agency
- *Faye Financial/Senior Life Insurance Co.
- *Fyzical Therapy & Balance Centers-Grayson 🐇
- *Humana, Inc. *Manor Lakes Snellville
- *Michelle Reilly Law Group *My Four Legs Friends
- *Parkside Post Acute & Rehabilitation *Right At Home
- *StretchLab Snellville *Sunrise Senior Living-Lilburn

*Charleston Trip Meeting

Tues, Sept 16th @ 1pm

For those going on the trip!

*New Classes for Fall * Qigong/Tai Chi

Phone/computer Literacy

Note: In order to participate in any trips/events, all rules must be followed. (Posted in the newsletter & at the center) Thanks



Annual Fall Festival

Sat, Oct 25th 12-5pm (Inside the Center) 12-6pm (On the City Towne Green)

Come out and enjoy all of the wonderful crafts and more! An enjoyment for ALL ages! It's a family affair event!

For Vendor Space, sign up starts on Mon, Sept 1st

<u>*Rock Garden, Calhoun GA*</u>



This Garden is a garden filled with more than 50 miniature castles and other amazing structures. Wear comfortable shoes. We will go to lunch at Cracker Barrel (on your own).

8:30am Thurs, Oct 30 Cost: \$40pp

Walking involved. Sign Up on Wed, Sept 3rd

Starlets of Snellville present

*Senior Talent Showcase

Friday, Sept, 19 @1pm-3pm Cost: \$5
Light Lunch and entertainment included in cost!



Snellville Community Church (2428 Main St. East, Snellville, GA)

This entertainment showcase is a show stopper!! Don't miss it!

Pay in advance @ the Senior center or Cashapp \$5457faith

Contact Angela @ 404-218-1852 call for more info.

Please read the entire newsletter for updates/changes!

**All payments are due within 3 days of signing up for events/trips.

After the 3rd day, your name goes on the wait list.

Please note: No payments accepted on Sign Up Day!

**If you would like to OPT IN for reminder texts rather than to receive a phone call, contact the front desk at 770-985-3580 or email Michele at mgreham@snellville.org with your preferred cell number and name of your phone carrier and we will update your profile.

**For events/trips placement, we go by the time you call or leave a message. All walk-ins are counted from when you reach the front desk and not from the time you arrive at the center.

**Please read info on last page on events, day and overnight trips.



CLASSES, ACTIVITIES & MORE

Check the calendar for detailed room, location and other possible changes!



CARD MAKING CLASS



With Nina, 1x/month on 4th Monday at 1pm \$10/class for 3 cards

Royal Hatters-1pm

Thurs, Sept 4th & Oct 9th

This Red & Purple hat group is full of excitement, fellowship & sisterhood!

Game Day Group @ 1pm

This group will play various games

such as Rummikub, Dominos and

card games like Phase 10 & more!



New Membership is now open but limited space.

CROCHET & KNITTING CLASS (Free) Tuesdays at Noon

SPANISH with ISABEL-\$5

Pay Instructor per class-Starts new 9/2/25

Tues & Thurs-Sept 2-May 21, 2026



Fun, fun and fun! All levels are welcome for instruction and help or just fellowship w/others! It's never too late to learn! Instructor: Delrose

Hi-Lo's of Snellville

on Mon at 1pm (Sept 15, 29 & Oct 6, 20)

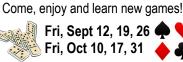


Beginner Sign Language

Card Sharks & More!



1 pm...1st Tues, 2nd & 3rd Fri Sept 2, 12, 19 & Oct 7, 10, 17



Spanish with Luis

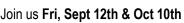
9:15-10:15-Spanish One

\$5/class (Sept 8-May 22, 2026)



Check Calendar when no classes!

Book Club 1x/mo at 11



Listen, Enjoy, Share, Learn and fellowship! Sept 9th, 23th & Oct 14th, 28th

Piano Lessons-\$5/class

All levels are welcome! Wed classes Fall classes start on Sept 3rd!



You must pay monthly! Call the Front desk for availability! Instructor: Sherry

Phone & Basic Computer

Phone/Electronic literacy! Learn to backup files, email & calendar usage, installing apps and more!



Mondays at 1pm \$5-Must Sign Up!

The Senior Center will be closed on Monday, Sept 1st in observance of **Labor Day!**

BINGO

1st Friday of each month 1pm...Sept 5th & Oct 3rd

> Bring a snack & Meet a new friend!

Sponsored by Manor Lake!

Let's Play Chess!!

All are welcome from beginners to advanced players!

Come out for fellowship and learn! Bring a chess set if you have one or not! Sept 23, 26,30 & Oct 28, 31 (1pm/Tues & Fri)

Bring a snack to share & join the FUN!

Happy Birthday!

To all who will celebrate a birthday in September/October!!!



Enjoy **YOUR** Special!



12 16 42 42 61

1 19 🛨 60 74

5 29 39 51 68



Pay instructor/Must sign up. Join the socialization & fun!

This is a singing group that is full of life and gives back to the community! They practice

Come learn a fun little song & enjoy!



Every Thursday @ 1:00 pm

Join us Fri, Sept 12th & Oct 10th

"The Sweetness of Water"-Nathan H.-Sept "Every Breath-Nicholas Spark" -Oct



Devotional Study Group

2nd & 4th Tues-1pm with Rhonda

PINOCHLE-Mondays @ 9:30am

Sept 8, 15, 29 & Oct 6, 13, 20, 27 Fun to play, learn and meet a new friend!

LINE DANCING with Angela

Every Wednesday of each month! 1pm-Beginners & 2:30-Advanced Cost \$5.00/class. Pay instructor

This class offers fun. brain skills & excitement! Old & new dances! Just come, try & enjoy!

Fun with Paints (\$18)

This class is similar to paint & sip! It's a step by step process. Amazing outcome! Yes you can do it!

Pay Instructor! All materials included!

12:30-Mon, Sept 22 & Oct 20th Sign up!



EXERCISE THE MIND, BODY & SOUL

Check the calendar for detailed room, location and other possible changes!



"Exercise Aerobics"-FREE

Mondays & Thursdays

Exercise the pounds away! 9:15am (Peg) & 10:15am (Jane)

Classes are full! Go to only one please!

"Stretch & Strength" w/ Staci

\$5/class-Weds 9:15am-Pay Instructor

Learn the proper way to stretch your body as you strengthen your muscles! Much Needed!

"Twist & Tone" w/ Jane

\$5/class-Weds 10:15am-Pay Instructor

Toning to the beat in this fun impact class!

Just watch the inches fade away!

"Qigong/Tai Chi" (\$5/class)

Tues @ 1:30pm at Briscoe Park Office

This class will focus on balance, stretch, memory and flexibility! It is a relaxing way to learn all of the above! **New Class**

Must pay for the month at 1st Class.

Wear Tennis shoes! No open toes!





"Exercise Room Training"

Members must be trained on the equipment prior to utilizing.

Wednesdays
<u>Sept 10, 24 & Oct 8, 22</u>
12:15, 12:30 or 12:45
Must Sign up for a slot (3 max)

Billiards/Pool Room

Come play a game of pool and meet some new friends! It's lots of FUN!



"Classic Hatha Yoga w/ Linda" \$5

Let it ALL go & enjoy some mental relaxation and meditation! **Woosah! Tuesdays at 10am-pay instructor!**

"SOLE BUSTERS Walk Group"

Walking is so relaxing! Join us on Weds at 9am



"Blood Pressure Checks"

2nd Thursday Sept 11 and Oct 9th

10am-11:30am Sponsored: by "Manor Lake Snellville"



"Coffee Talk-McDonalds in Grayson"

Thursdays at 8:30am
Come and enjoy the socialization!
Joann Fuller at 470-469-1862



"Keenager Bowling"

Mondays at 10am Cost: \$10 Stars and Strikes Bowling-Loganville Mary Ann Snyder 559-375-6214



EXPLORE MORE.... FUN EVENTS

What's Happening At Briscoe Park

The park offers a variety of Programs for all Ages

*Adult & Youth Sports-www.quickscores.com/Snellville (Basketball: 8U, 10U, 12U also offering Kickball & Tennis)

*Generals Athletic Club (For Youth)-www.gac-sports.org
*National Youth Flag Footballfalconsflagfootball.com
*All-In FC (Youth Soccer)-www.allinfc.com

<u>Jazzercise</u> (M, W, Thurs 5-6pm); <u>Martial Arts</u> (Tues 6-7pm) *Adult Pickleball at Snellville Community Church

(Matthew McLendon 678-430-6019)



*Tennis lessons for all @ www.aetennis.com
*Summer Youth Kickball registration has started!

Call the Park office at 770-985-3535 for room rentals & more Check Facebook: www.facebook.com/SnellvilleParks and Website: www.snellville.org/parks-recreation for more info!

WHAT'S HAPPENING ON

<u>"THE TOWNE GREENE"</u>

www.SnellvilleEvents.com



Check the above website for calendar of events such as Concerts on the Greene & other happenings!

<u>Snellville</u> <u>Farmer's Market</u>



October-May (1st & 3rd Sat only 9-12) June-Sept (every Saturday 8:30-12:30) Come out and enjoy some fresh fruits, vegetables & other homemade items!





Snellville Parks & Recreation Active Adult Center

2350 Oak Road Snellville, GA 30078

Phone: 770-985-3580 Fax: 770-985-3583

Director:

Kathi Gargiulo kgargiulo@snellville.org

Program Coordinator

Tracey Mason Glass tglass@snellville.org

Program Assistants II

Michele Gresham mgresham@snellville.org

Elizabeth Weaver eweaver@snellville.org



Check out our <u>FACEBOOK</u> page for updates that may not make it into the newsletter!

Www.facebook.com/snellvillescactiveadults/

Website: www.snellville.org (click on Community then Senior Center/Parks & Rec)

NEW 2025 MEMBERSHIP FEES

Time to RENEW for May & June members!!
Annual Membership starts from date you sign up.
We take Cash, Checks and Cards (3% charge)
Sign up available now online at
www.snellville.recdesk.com

\$20 City Limit Resident

\$35 Gwinnett County Resident

\$45 Non-County Resident



Travel Club Meeting Mbn, Oct 20 at 11:30am

Advisory Committee Mtg Tuesday, Oct 21 at 2pm



AARP DRIVING COURSE

Fri, Sept 19 & Oct 10 at 9am \$20 for AARP Members \$25 for Non-AARP Mem

Call front desk at 770-985-3580 for a slot!

Candy Donations are Greatly
Appreciated!



Center Events/Day & Overnight Trips

If YOU cancel, we will call the waiting list first to attempt to reimburse you. However, if there's no one on the wait list, then, you're responsible to find a replacement or there is no refund. It's best to get your name on the waiting list asap. We will call if there is a cancellation but we won't be able to leave a message. For emergency only, please contact us immediately and, if possible, we will do our best to reimburse you or credit your account.

NOTE: For overnight trips only, we take cash, money orders or checks which are to be written to Delrose Johnson, our Travel Club President.

Credit card payments are Not Accepted for overnight.

Monthly payments are required. Otherwise, your name will go on the Waitlist after 2 months of non-payment. Deposits are subject to being non-refundable and have a different criteria based on the trip taken.

<u>Please note, you can sign only yourself up for events/</u> trips unless adding a caregiver or member spouse.

Some of these groups pay a group membership fee to utilize the senior center facility. If you are interested in any of these groups, please contact the individual listed below for more information.

GROUP MEETING DAY TIME CONTACT CONTACT# **ANYTIME STITCHIN'** Wednesdays 10am-4pm Joanne Swanson Contact in person **BRIDGE** 12:00-4:00 John Holden (404) 316-8480 Thursdays **CANASTA** Mondays 12:00-4:00 Debbie Parrish (404) 372-7406 **COFFEE TALK** Thursdays-McDonald's Grayson 8:30am Joanne Fuller (470) 469-1862 **KEENAGERS - BOWLING** Mondays-Stars&Strikes Lgnvile 10:00am Mary Ann Snyder (559) 375-6214 **TELEPHONE PIONEERS** 3rd Tuesday 9:30am Thomas McDugald (770) 938-6075