



SNELLVILLE SENIOR CENTER

SPOTLIGHT

**March
April
2016**

SNELLVILLE SENIOR CENTER MEMBERSHIP UPDATES

- Age Requirement is now 55 years
- Non-County Residents may join for \$30

CHAIR MASSAGES

Thursdays in March and April
10-11:30am
FREE

We are excited to have Diane Maxwell, who is a Massage Therapist that specializes in Geriatric massages to volunteer at the senior center. Diane works with the Miller Family Chiropractic and Wellness Center. She will provide 15 minute chair massages on Thursdays from 10-11:30. You may receive your appointment time by signing up at the front desk.



BOOK REVIEW

The Supernatural Jesus and You!

Wednesdays, 1pm-2pm
March 16, 23, 30 and April 6
\$10.00 includes book

Join with author and senior pastor, Benita Jarrett as we read and discuss her book *The Supernatural Jesus and You!* Dr. Jarrett is pastor of a new ministry, Agape Fellowship Ministries, that was established in 2012. She has been an ordained minister for more than 25 years, as well as an educator for more than 15 years. Please sign-up at the front desk for this class.



VOLUNTEERS NEEDED



SNELLVILLE DAYS VOLUNTEER

We Need Volunteers to help with Snellville Days April 30-May 1. Volunteers from the Senior Center will receive double volunteer hour credit (**those with 25 or more volunteer hours for the year will pay a \$5 membership fee for 2016**). We also need help during the week prior to the event. Please contact Leslie or Kathi at 770-985-3580 for more details.

BRITT ELEMENTARY LITERACY VOLUNTEER

Britt Elementary is looking for volunteers on Tuesdays, from 2:30-3:00 to come listen to first and second graders as they are learning to read. If you are interested, please contact Kay Brickley at 770-972-4500 and leave a message or email her at Kay_Brickley@gwinnett.k12.ga.us

SENIOR CENTER VOLUNTEER TRAINING

Volunteer Training class will be held on Wednesday, April 6, 11am-12pm. If you are interested in volunteering to help answer phones or work at our front desk on occasion, this training is for you:)

DONATION ITEMS NEEDED

- 7-9 foot Christmas Tree (pre-lit preferred)
- Individually Wrapped Candy
- Food for Southeast Gwinnett Co-Op

EXERCISE AND GAMES

WEIGHT ROOM TRAINING

Members must be trained on the equipment prior to utilizing.

Training Class will be at 12:00pm the following days:

Wednesday, March 16 & Tuesday, April 12

PILATES



Tuesdays & Fridays

10:00 am

Instructor: Staci Dye

\$ 3.00 per class

AEROBICS

Mondays & Thursdays

9:15 am

Instructor: Staci Dye

10:15 am

Instructor: Jane Moore



“GET MOVIN”

Tuesdays at 11:00 am

\$5.00

FIRST CLASS FREE

Come get movin’ and groovin. Staci and Jane will instruct a variety of aerobic type exercise, fitness and dance each Tuesday. It will be like a box of chocolate, “you never know what your gonna get.”



“SOLE BUSTERS”

WALKING GROUP

Mondays and Wednesdays

10:15 am

Starting April 4th and April 6th

Come join us as we begin our new walking group “Sole Busters” We will meet at the senior center and walk the sidewalk perimeter of the City Center complex. **Please sign-up if you want to participate.**

We have coordinators for Mondays and would like another coordinator for Wednesdays. If you are interested, please contact Leslie or Kathi at the senior center.



BILLIARDS / POOL ROOM

Pool Table and all equipment is available for use by all senior center members. Come and Enjoy.

SENIOR CENTER

BINGO

Fri, March 4 & Fri, Apr 1

At 1:00 pm

Bring a snack to share and join the fun!



These groups pay a group membership fee to utilize the senior center facility. If you are interested in any of these groups, please contact the individual listed below for more information.

<u>GROUP</u>	<u>MEETING DAY</u>	<u>TIME</u>	<u>CONTACT</u>	<u>CONTACT #</u>
AT&T PIONEERS	3rd Tuesday	10:30am	Tom McDugald	(770) 938-6075
BRIDGE	Thursdays	12:00-4:00	Janet Wolcott	(678) 639-1544
CANASTA	Mondays	12:00-4:00	Mickey Connerat	(770) 979-0281
DESIGNING GRANDMOTHERS	2nd Monday	10:30am	Louise Kirkpatrick	(678) 985-0281
EASTSIDE AUXILLARY	May 13, Sept. 16, Dec. 9	9:00-4:00	Susan Holland	(770) 985-4053
GOOD FRIENDS (Pinochle)	2nd & 4th Tuesdays	9:30am-3:30pm	Randy McMillen	(770)554-1343
H2U, HEALTH TO YOU	Aug. 24, Oct. 12, Dec. 7	Varying	Laura Hannah	(770) 982-2359
KEENAGERS - BOWLING	Mondays –AMF Lanes	9:00am	Joanne Fuller	(770) 962-2567
KEENAGERS BREAKFAST	Tuesdays at Krystals	8:00am	Joanne Fuller	(770) 962-2567
QUILTERS	Wednesdays	10am-4pm	Nancey Martin	contact center

CLASSES and MEETINGS



TRAVEL CLUB

11:30 am
Monday, May 16
Monday, October 3

ADVISORY BOARD

2:00 pm
Tuesday, May 10
Tuesday, August 9
Tuesday, November 15

BEGINNER COMPUTER CLASS

9:30 am - 11:00 am
Wednesdays and Fridays
Laptop computers provided for class

March 23 - April 8

3 Week Class - \$50.00
Sign up at front desk



CARD MAKING CLASS by Jeanne

Mondays
March 28 & April 11
1:00 pm - 3:00 pm
\$10 per class



Enjoy the fun and fellowship while learning the art of making special one of a kind cards.

IPHONE CLASS

11:00 am - 12:30 pm
Wednesdays and Fridays
3 week class

Bring your own phone

March 23 - April 8

\$50.00 - Sign up at front desk



AARP DEFENSIVE DRIVING CLASS

1 FULL DAY CLASS
Wednesday, April 20
9:30 am - 3:45 pm



Cost is \$15 for AARP members and \$20 for non-members.

IPAD CLASS

9:30am - 11:00am
Wednesdays and Fridays
3 weeks class

Bring your own Ipad

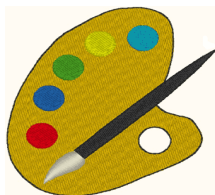
April 27 - May 13

\$50.00 - Sign up at front desk



PAINTING CLASS

Thursdays
1:00 pm - 3:00 pm



\$25.00/4 classes
Additional \$25.00
if supplies are needed
Instructor: Lynne Ulmer

CROCHET & KNITTING

Tuesdays 12:00 pm

Volunteer Coordinator:
Delrose Johnson

FREE



SPANISH CLASSES

Established Classes
Mondays & Thursdays
Instructor: Jane Moore
9:00 am Intermediate
11:15 am Advanced



Tuesdays 10:15 am
Established Beginner
(returning students or
some Spanish required)

HOW TO BUY AND SELL YOUR HOUSE

Friday
MARCH 18
11:00 am





**SNELLVILLE
SENIOR
CENTER**

2350 Oak Road
Snellville, GA 30078

Phone: 770-985-3580

Fax: 770-985-3583

Website: www.snellville.org

Director:

Kathi Gargiulo

kgargiulo@snellville.org

**Activity/Program
Assistants**

Leslie Pender

lpender@snellville.org

Wayne Sanders

wsanders@snellville.org

**THANKS TO OUR
SPONSORS**

We appreciate our sponsors at the Snellville Senior Center for their contribution in providing prizes, offsetting day trip costs for the seniors, and door prizes for our events.

***Alternative Home Care for Seniors
CarePlus, Inc.
Home Instead Senior Care
Senior Assistant***

You may pick up their information at the senior center in the kiosk by the downstairs elevator.

2016 YEAR MEMBERSHIPS BEGIN

Annual Memberships run January - December. You may join the senior center at any point during the year upon engaging in our activities. Below are the yearly fees:

Snellville City Limit Resident	\$ 15.00
County Resident	\$ 25.00
Out of County Residents	\$ 30.00

There is a \$5.00 discount on memberships for the second person in the household. Memberships after July 1 are prorated.

KEENAGER ACTIVITIES

MONDAY'S - (9am-12pm)- Bowling at the AMF Lanes in Snellville.

TUESDAY'S - (8am) - Krystal's Breakfast Club

DAY TRIPS

Tour of Marietta and Kennesaw Mountain

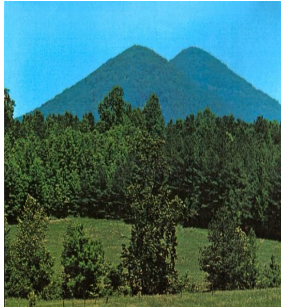
Tuesday, March 8

9:00 am-4:00 pm

\$15 plus lunch on your own

Sign-ups for this trip will begin Monday, February 29th

Enjoy the sites of historic Marietta Square and seeing the antebellum homes on the way to Kennesaw Mnt., where we will visit the museum and see a video of the civil war that took place at nearby Pigeon Hill and Cheatham Hill. Take in the beautiful view from a top the mountain. Lunch will be on your own at the famous Marietta Diner. Pay at time of sign-up.



MYSTERY DAY TRIP Thursday, April 14

9:00 am - 4:00 am

\$40.00

(includes lunch)

We're taking a Mystery Day Trip! You will not want to miss out on this fun day. Dress will be casual.

Payment is due within 3 days of sign-up.



DISCOVERY VILLAGE AT SUGARLOAF

Tuesday, March 29

10:45am - 2:00pm

\$5.00 - Tour and lunch at property

Discovery Village senior living options offer a choice of well-appointed, luxurious cottages, apartment homes and spacious suites. Whether you are in need of independent living, personal care or memory care and dementia



services, you will find the perfect living option for you at Discovery Village. Our friendly communities were designed with you in mind, creating beautiful warm, home-like environments for residents and their family members. Please sign up at the front desk. Payment due at time of sign-up.

Brookdale - South Lee

Tuesday, April 5

9:30 am-2:00 pm

\$25.00 (includes lunch) at Kani House
Blended Retirement Living in Buford, Georgia

We will take a tour and enjoy an activity at Brookdale Senior Living Community. Following our tour, we will enjoy lunch at the Kani House near the Mall of Georgia.

Brookdale South Lee Buford provides exclusive Independent Living, Assisted Living and Memory Care services for seniors. The community offers all of the benefits of being located in the heart of Buford, while still being on its own private wooded and peaceful property. We are located just off the exit on I-985 and feet from Buford Highway.

SIGN-UP REQUIREMENTS FOR TRIPS

- May ONLY sign-up for YOU and a spouse.
- Sign-ups must be in person or by phone.
- A Waiting List in the order of sign-up will be used first to fill any cancellations.
- If there isn't a Waiting List then YOU will be responsible for finding a replacement in order to receive reimbursement of any funds.
- There is no annual fee to be apart of the Travel Club, however a \$5pp Administrative Fee is added to each overnight trip.
- **Deposit Payment for trips will be made MANDATORY within 3 days of signing-up for the trip.** (Due to increased interest in our trips and unexpected cancellations)

OVERNIGHT TRIPS

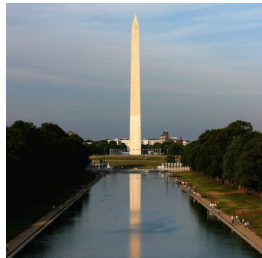
WASHINGTON DC

June 12-June 16

\$850 Double Occupancy
\$820 Triple Occupancy
\$790 Quad Occupancy
\$1140 Single Occupancy

DEADLINE is March 15th.

Please contact senior center for more information. We will travel on a deluxe Motorcoach with Good News Travels. **This trip is open to all adults of any age and you are not required to be a member of the senior center for this trip.** Contact Leslie or Kathi at 770-985-3580.



Dillard House and Spa Trip

3 nights/4 days

**Monday, September 26 -
Thursday, September 29**

\$450 - Double Occupancy
\$640 - Single Occupancy

This trip will include a 3 night stay at the Dillard House Inn. There will be 2 breakfasts, 1 lunch, and 1 dinner at the Dillard House Restaurant included with this price. You will have a choice of several service treatments during your day at the Spa. We will also do a little antique shopping and enjoy some wine tasting at a local winery. **Payments will be due as follows:**

<u>Double Occupancy</u>	<u>Date Due</u>	<u>Single Occupancy</u>
\$100	At Sign-up	\$200
\$100	June 17	\$150
\$100	July 22	\$150
\$150	August 19	\$140

Please sign-up up at the front desk. You may contact Leslie at 770-985-7219 with questions.

Royal Caribbean Cruise

“Oasis of the Seas”

7 nights - February 5-12, 2017

Double Occupancy Interior \$1,278
Double Occupancy Balcony \$1,636
Single Occupancy Interior \$2,296
Single Occupancy Balcony \$3,012



A **\$250 deposit is due to Royal Caribbean by March 25th to reserve your cabin.** We recommend that you make monthly payments to Royal Caribbean to have your balance paid in full prior to the deadline, which is 60 days prior to the trip. The above totals also include your hotel room in St. Augustine on February 4th, transportation and staff related expenses. Those expenses total **\$260.00**, which should be paid to the travel club (Delrose Johnson). Please sign-up at the front desk to reserve your spot on the bus. We will then give you the contact information for the Royal Caribbean representative, who can assist you in making your cruise reservations. A detailed flyer and itinerary will be available at the senior center with upcoming suggested and required payment dates. Call Leslie or Kathi with questions, 770-985-3580.