



# THE SNELLVILLE SPOTLIGHT

September  
October  
2020

**All trips for the rest of this year have either been cancelled or rescheduled due to the Coronavirus.**

## The Ark Encounter/Creation Museum

*This trip has been rescheduled for next year 2021!*

**\*\*\*Call NOW to sign up and reserve your spot!\*\*\***

You can **tentatively** mark your 2021 calendar for:



**Date:** Mon-Fri, May 24-28, 2021

**Cost:** \$560pp-double, \$739pp-single

**Meeting Time:** TBD at later date

**Deposit of \$100/person due on Jan 8th 2021!**

Call Tracey at 770-985-3580 with any questions!

## Attention:

**There has been no change in the opening of the Senior Center; though not, we will continue to send out the newsletters for your viewing and plans for the future. As soon as we are given a reopen date, we will contact each member. Until then, we hope everyone stays healthy, safe and home as much as possible.**

**Staff are still working so feel free to call the office at 770-985-3580.**

**Take Care,**

***Kathi, Tracey, Allison & Karen***

## Outdoor Exercise Program at "Briscoe Park"

The outdoors aerobics and walking is going great! Come out and enjoy a change of scenery along with all of the safe and healthy fun! You must be an active member.

Everyone is required to sign a waiver, sign in and wear a mask. We will continue to adhere to social distancing and the rules of COVID-19.



Times are subject to change with the season.

**Aerobics classes begins at 8:15 am on Mondays & Thursdays.**

**The Sole Busters walking group meet on Wednesdays and Fridays at 8:15 am.**



If you have any questions, please feel free to call the office Mon-Fri from 9am-4pm at 770-985-3580.

## \*DID YOU KNOW\*:

- \*That the most commonly used letter in the alphabet is "E"!
- \*That 1 out of every 8 letters written is an "e"!
- \*That the sentence "the quick brown fox jumps over the lazy dog" uses every letter in the English alphabet!
- \*That an ostrich's eye is bigger than its brain! WOW!
- \*That birds need gravity to swallow! WHAT!
- \*That a cat has 32 muscles in each ear!
- \*That cats spend 66% of their life asleep!
- \*That macadamia nuts are toxic to dogs!
- \*That at birth Dalmatians are always white!
- \*That an African grey parrot's vocabularies is 200+ words!
- \*That all insects have 6 legs and that dragonflies have 6 legs but can't walk!



**"Fun Facts to keep your brain wheels turning!"**

## Important Home Safety Tips :

- \*Create a more open environment to prevent falls.
- \*Wear non-slip footwear when inside.
- \*Avoid stretching extension cords across floor.
- \*Remove throw rugs unless rubberized backing.
- \*Discard or donate old furniture.
- \*Clean up piled clutter like clothes, shoes and papers.
- \*Wheelchair/Walker doorways make at least 32" wide.



**\*Think safety first when at home and away!**

**NO OUTDOOR EXERCISE AT  
TW BRISCOE PARK  
ON MONDAY, SEPTEMBER 7TH  
DUE TO LABOR DAY HOLIDAY!**

# CLASSES, ACTIVITIES & MORE ONCE WE OPEN

## CARD MAKING CLASS

2 classes/month-same class  
Mondays, once the cntr opens

1:00 pm - 3:00 pm

\$5 per class includes materials.

Sign up for only 1 class per month!



## Red Hatters-1pm

1st Weds, once we open.



This social group  
enjoys living life to  
the fullest!

Come find out what  
it's all about!

## CROCHET & KNITTING CLASS

(Free) Tuesdays at Noon

Come join the fun once center opens!

All levels are welcome and  
help is available.

Drop in for a  
little socialization!



## PAINTING CLASS

Thursdays

1pm - 3pm

\$28.00

4 classes

Instructor: Lynne Ulmer



No prior painting necessary. Learn how  
to paint and enjoy creating your own  
work of art. **Supplies not included.**

## BINGO

First Fri, once we open!

At 1pm

Bring a snack  
to share!



## Card Sharks & More!

Spades, Hearts, Dominos

Bid Wiz, Trivia & More 1pm

2nd Friday, once we open!



## Self Defense for Seniors

Coming back soon!

All interested sign up

once we open!



## SPANISH CLASSES

(\$5 per class to instructor)

**Mondays**

9:00-10:00 Advance Class\*\*-Mon only

**Tuesdays & Thursdays**

9:00-10:00 Jane's Class\*\*-Thurs only

10:15-11:15-Isabel's Level 1\*\*-Both Days

11:20-12:20 -Beginning Spanish-Both days

**Always Check front desk for any Changes**

\*\*These classes require prior Spanish\*\*

## Teachers Needed:



Iphone/Ipad Classes

Android/tablet Classes

Piano Classes

Craft Classes

Stain Glass Classes



Please contact Tracey at 770-985-3580 if  
interested or if you know someone who is.

## Quilting Class

Ongoing Classes at \$9/Class

Fridays, 12:30-3:30pm

Classes are open to beginners,  
intermediate and advance quilters!  
Enjoy quilting & a little socialization!



Interested  
members sign up at  
desk once we open!

## Classes or Other Activities!

If you or someone you know has a  
craft or other activity that you are  
interested in seeing at the center,  
contact Tracey Mason Glass at

770-985-3580 to discuss!

## Piano Lessons \$5/class

Wednesday classes only  
Beginners, Intermediate  
and Advance members  
are welcome once we open!



Classes are full right now but we  
are seeking a second teacher!

## Sewing Classes are Back



Fridays from 12:30-2:30 (sign up needed)

Beginners: 4 weeks for \$25 (Kit included)

Other supplies/Fabrics additional fee. You  
must have a good working machine.



## Computer Classes are Back! \$5 per class

Classes will be ongoing Mondays at 11:15am

Open computer classes for beginners, intermediate and advance  
students who need technical support or just need to know A-Z about  
computers. All interested please sign up at front desk once center opens



## Happy Birthday!

To all who will  
celebrate a birthday  
**September/October**  
Enjoy YOUR special  
Day!



# EXERCISE THE MIND, BODY & SOUL



## “Outdoor Fitness Classes”

(Free with membership)

**Mondays & Thursdays**

**8:15 am**

Instructors: Jane Moore & Staci Dye  
Until further notice, classes will be at  
Briscoe Park, 2500 Sawyer Parkway.  
Call 770-985-3580 for changes/questions!

## “Get Movin’ / Line Dancing”

This class is cancelled until further notice! I am presently seeking another teacher for this class! A teacher will be available once the center opens!

Contact Tracey Mason Glass  
at 770-985-3580 with any questions.

## “PILATES/YOGA”

**Tuesdays & Fridays**  
**10:00 am**

**First Class Free**  
**(Once center opens)**

Instructor: Staci Dye  
\$3.00 per class

## “Twist and Tone” \$3/class

**Fridays at 9:00am with Jane**  
Tone up and get ready for the  
summer in this fun  
packed class!

**(Once center opens)**



## “EXERCISE ROOM TRAINING”

**Members must** be trained  
on the equipment prior to utilizing.

**Training Class will be at 12:15pm**  
**Third Wednesday each month.**  
**(Once the center reopens)**

See front desk if you can't make that date.

## “Blood Pressure Checks”



Twice per month  
Mondays at 10AM

Check your blood pressure.  
It could save your life!  
Stress can strain your heart.  
See the front desk for dates once we open.

## “SOLE BUSTERS”

**Outdoors WALKING GROUP**  
**Wed and Fri 8:15 am**

Come join our walking group!  
**Presently, we meet at**  
**Briscoe Park.**  
Call 770-985-3580 for details.

## BILLIARDS / POOL ROOM

All equipment is  
available for use  
by  
Senior Center  
members.  
Come and enjoy!



## KEENAGER BOWLING

**Monday's at 10am Cost: \$9**  
**Stars and Strikes**  
**Bowling Lanes-Loganville**

Call Joanne Fuller for more  
Info at 770-962-2567 once center opens



## EXPLORE MORE.... FUN EVENTS

### What's Happening At Briscoe Park



**Pool Hours/COVID-19 Rules**  
**Facebook.com/SnellvilleParks**

(Pool opens Fri, Sat & Sun. Call the park for  
times! Last day to enjoy is Mon, Sept 7th)

Briscoe Park offers an array of activities such as  
Senior Adult Exercise Classes, Tennis Lessons, Youth  
Soccer, Youth flag football, Conditioning for Youth  
Football & Cheerleading, Adult Kickball, Adult Softball  
and more!

**Check out the park's website at [Snellville.org](http://Snellville.org) or**  
**Facebook page at [Facebook.com/Snellville Parks](https://www.facebook.com/SnellvilleParks)**

**Call the park office at 770-985-3535 for more info and for**  
**Senior Center and park room/pavilion rentals!**

### WHAT'S AT

**“THE TOWNE GREEN”**  
**www.SnellvilleEvents.com**

Check the above website  
for details & other cool events!



**Snellville**  
**Farmer's Market**

Every Sat in Sept (8:30-12:30)  
1st & 3rd Sat in Oct (9-12)





**SNELLVILLE  
SENIOR  
CENTER**

2350 Oak Road  
Snellville, GA 30078

Phone: 770-985-3580

Fax: 770-985-3583

Website: www.snellville.org

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|---|--|--|
| <p><b><u>CENTER MEMBERSHIP</u></b><br/> <b>2020 renewals started on October 30, 2019!</b><br/>         Annual Memberships run January-December<br/>         Ages 55 and up. <b>We take Cash &amp; Checks only.</b><br/> <b>Full Year Rate</b>                      <b>Partial Year Rate</b><br/>         January-December                      July-December<br/>         \$15                      City Limit Resident                      \$9<br/>         \$25                      Gwinnett County Resident                      \$15<br/>         \$30                      Non-County Resident                      \$18</p> | <p><b><u>Travel Club Meeting</u></b><br/>         11:30am Date TBA<br/> <b>Once the center opens</b><br/> <b><u>Advisory Board Mtg</u></b><br/>         2pm Date TBA<br/> <b>Once the center opens</b></p>  | <p> <b><u>WEATHER REMINDER</u></b> <br/>         We follow Gwinnett County school system for closings due to inclement weather only. However, we have a different schedule for yearly holidays.</p>  |
| <p><b><u>AARP DRIVING COURSE</u></b><br/>         In-Person Classes Cancelled for 2020 and will resume in 2021.<br/> <b>Online courses are available at</b><br/> <b>www.aarpdriversafety.org</b><br/> <b>Use promo code DRIVINGSKILLS</b><br/>         for 25% discount thru Dec 31, 2020.</p>   | <p><b>Candy Donations are Always Appreciated</b></p>    | <p><b><u>Notice to all Center Members/Visitors</u></b><br/>         In order to keep you and our employees safe, <b>a mask is required</b> to be worn by everyone at all times in City buildings and Social distancing guidelines must be followed.<br/>         If you do not have a mask, please wait outside the building and call 770-985-3580 to reach someone inside and one will be provided to you.<br/> <b>Thanks, let's work together for the safety of all!</b></p> |

**These groups pay a group membership fee to utilize the senior center facility. If you are interested in any of these groups, please contact the individual listed below for more information.**

| <b><u>GROUP</u></b>        | <b><u>MEETING DAY</u></b> | <b><u>TIME</u></b> | <b><u>CONTACT</u></b> | <b><u>CONTACT #</u></b> |
|----------------------------|---------------------------|--------------------|-----------------------|-------------------------|
| AT&T PIONEERS              | 3rd Tuesday               | 10:30am            | Thomas McDugald       | (770) 938-6075          |
| BRIDGE                     | Thursdays                 | 12:00-4:00         | Glen Williamson       | (314) 686-3584          |
| CANASTA                    | Mondays                   | 12:00-4:00         |                       |                         |
| COFFEE TALK                | Tuesdays at Bojangles'    | 8:30am             | Joanne Fuller         | (770) 962-2567          |
| GOOD FRIENDS (Ladies Only) | 2nd & 4th Tuesdays        | 10:00am-3:30       | Sherry Hall           | (678) 546-5424          |
| KEENAGERS - BOWLING        | Mondays                   | 10:00am            | Joanne Fuller         | (770) 962-2567          |
| ANYTIME STITCHIN'          | Wednesdays                | 10am-4pm           | Nancy Martin          | Contact Center          |